

MIDWEST LASER SURGERY CENTRE

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Open: Monday to Friday 9:00-5:00
Extended hours: Evenings and Weekends

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Skin Maintenance

Medique Facial Peels

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Skin Care Products

Skin Care and Rejuvenation

Midwest Laser Surgery Centres offer a range of treatments for facial lines, wrinkles, aged and sun-damaged skin. We offer non-surgical rejuvenation in the form of facial peels and product, as well as facial resurfacing surgery using the Erbium and SilkTouch laser. We highly recommend that patients book in for consultation as it provides patients with the opportunity to gain information on the range of treatments we provide, as well as an opportunity for the skin to be examined. After meeting with you, more appropriate recommendations for the treatment option best suited to your particular skin condition can be made. Each patient has very different skin and expectations for how they want their skin to look and feel. Using a combination of surgical and non-surgical rejuvenation procedures tailored to your individual needs and expectations we strive to improve the appearance and feel of your skin, and maintain those results.

Facial Peels

Facial peels have proven themselves to be very effective at offering a wide range of benefits for people wanting to improve the look and feel of their skin. By accelerating the skin's natural exfoliating process and stimulating regeneration of the underlying skin layers many objectives can be achieved resulting in more healthy feeling and radiant looking skin.

Some of the possible results that can be achieved with the AHA skin care regime:

- Balancing and smoothing the skin's texture and tone
- Exfoliation of dead and dull superficial skin resulting in a radiant complexion
- Exfoliation of dry and sun damaged skin
- Lightening of brown age and sunspots
- Minimization of fine lines and wrinkles
- Reduction of pore size and treatment of black heads
- Softening of superficial scars
- Lightening of pigment irregularities
- Improvement for some acne conditions that stem from thick oily skin

About the Procedure

Superficial glycolic acid facial peels are done in the centre using solution concentrations of 20, 35, 50 and 70% AHA. At the start of the half-hour appointment the skin is prepped with a pre-peel cleanser, then the appropriate AHA solution is applied to the skin with a brush. The solution used is selected based on assessment of the individual's skin type as well as the information obtained in the

consultation prior to treatment about what the patient hopes to achieve with the treatments. The information given by the patient in consultation is also important for devising the best pattern of application. For instance, if a patient notes that they have breakout or dull thick skin on their foreheads but sensitive pink cheeks this would be taken into account with the AHA application. In this way, each peel and each patient program is unique.

The sensation of the AHA solution on the skin has been described by patients as “prickly” or “itchy” but not painful. The procedure itself is very interactive as patients are asked to measure their level of discomfort on a scale of 1-10. With the procedure being timed and monitored by a trained member of the staff, in addition to constant dialogue with the patient, both the patient and staff have the flexibility to decide together when it is time to neutralize the AHA solution. Once the solution is neutralized cold compresses are applied to soothe and cool the skin. After the treatment most patients say that their skin feels very clean, or tight, or “tingly”.

Products

AHA products are an integral part of the recommended skin care regime and facial peel treatments. As a rule, we advise that the products are used for about two weeks prior to the first facial peel in order to prepare the skin for the higher concentrations of AHA that will be used, as well as evaluate the skin's tolerance to the AHA ingredient. AHA products are also important for the up keep and maintenance of the skin in-between and after treatments.

Presently, the Midwest Laser Surgery Centres sell a range of Medique AHA products that have gained great popularity among patients that visit the centre. The basics of the Glycolactic product regime offered by Medique include a gentle gel facial cleanser, masque and lotion.